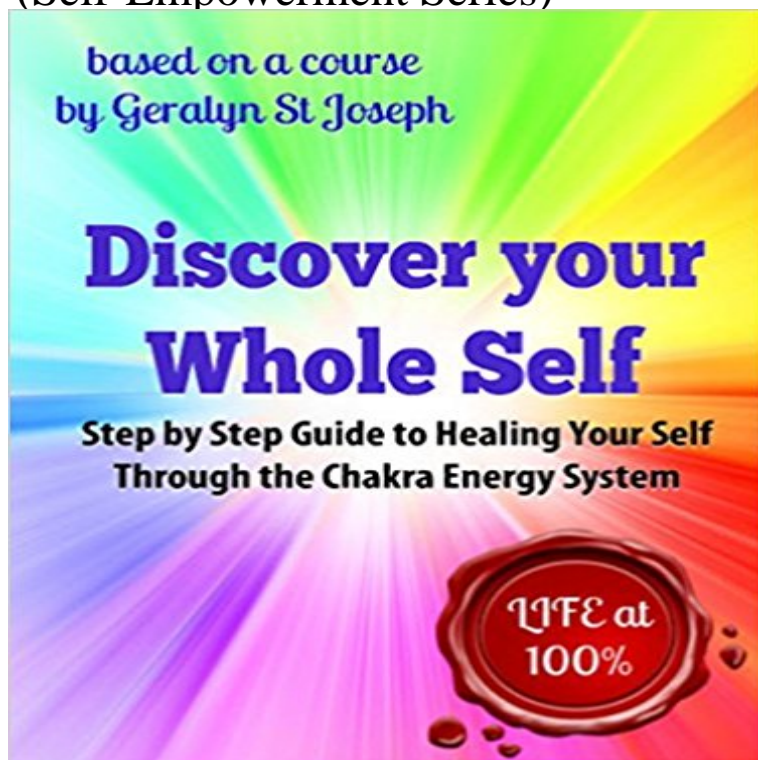


## Discover Your Whole Self - Step by Step Guide to Healing Your Self Through the Chakra Energy System: Experience Life at 100%! (Self-Empowerment Series)



The Whole Self - Path of Self Healing  
Follow the path of the chakra system to rebuild your whole Self. Make sure each of these important energy systems is functioning properly. Learn how to maintain a healthy chakra system and to recognize when you are out of balance. Take the time to know your Self, bring your Self to its fullness & reconnect with Spirit. This is a quick, easy to digest study guide. For the new and the experienced practitioner.

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