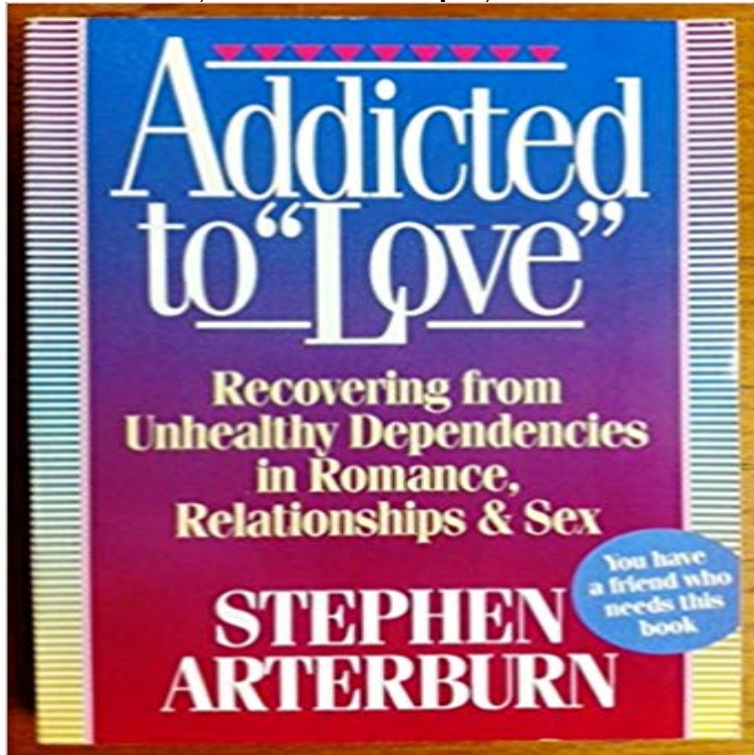


# Addicted to Love: Recovering from Unhealthy Dependencies in Love, Romance, Relationships, and Sex



What do these people have in common? Carol cannot free herself from the abusive relationship she has endured for ten miserable years. Ben is driven to secret sexual liaisons with one woman after another. Ginny spends every free moment of her day absorbed in romance novels. Carol, Ben, and Ginny suffer from the same problem. Psychologists call it the disease of the 90s-love addiction. Addicted to Love describes the many forms this addiction can take-from romance novels and relationships to spouse abuse and sexual acting-out. Like drug addicts or alcoholics, love addicts get high from sex and romance, develop a tolerance for it, and need ever-greater doses to keep going. Stephen Arterburn examines why this addiction is on the rise, what it looks like, who it afflicts, and what you can do if you suspect that your spouse, friend, or family member may be suffering from it. With compassion and wisdom, Arterburn points the way to psychological and spiritual healing, to enable men and women to enjoy real and lasting intimacy.

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