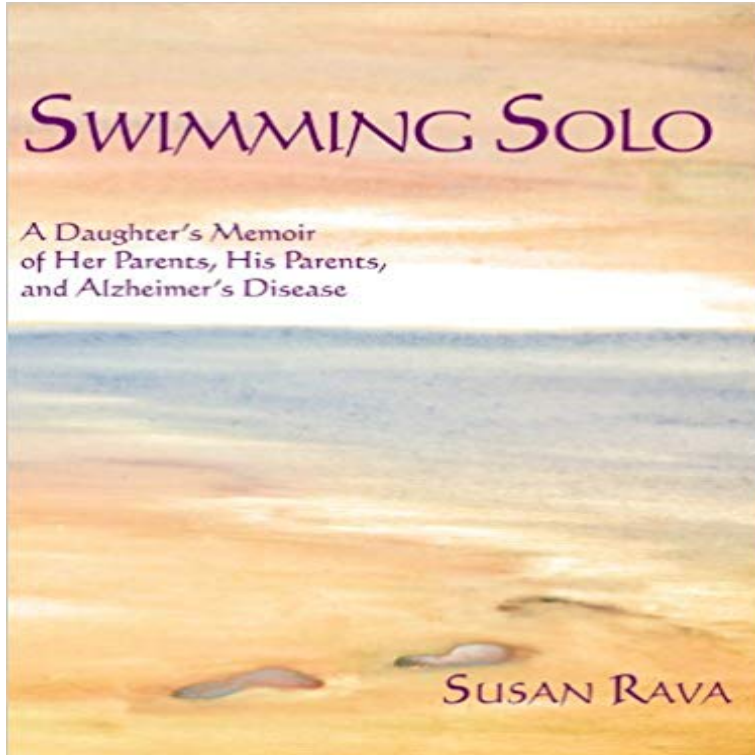


Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease



Susan Rava's story begins with the first suspicion that her father-in-law, Paul, was lapsing into dementia after he set out to swim solo across Lake Michigan. Subsequently, Paul's wife, Silvia, and Susan Rava's parents, George and Dorothy, succumb to Alzheimer's disease. This beautifully written memoir culminates with Dorothy's death, 14 years after Paul's fateful swim. Rava speaks honestly about the emotional and spiritual challenges she, her husband, John, and other members of their family faced as they learned how to say goodbye to four vital, accomplished people as they retreated into dementia. If you, or someone you love, is facing the emotional and spiritual challenges of Alzheimer's caregiving, this book will offer solace. If you are a counselor, pastor, or spiritual adviser, *Swimming Solo* will give you new insights to care for the emotional and spiritual needs of caregivers who come to you seeking solace and support. If you are a health care professional, *Swimming Solo* will give you insights as you deal with the worries and fears of the families of Alzheimer's Disease victims in your care.

PRAISE FOR SWIMMING SOLO: A magnificently constructed, gracefully, intelligently written account... I commend [the book] without reservation. Robert Duffy, The St. Louis Beacon. *Swimming Solo* will open your eyes to the reality of a caretaker's life, Lyn Sedmina, of BellaOnline.com. Rava's memoir records all the complexities of caregiving for parents with dementia, and the writing conveys her journey in a poignant style that combines the memories of better times within the family constellation and the challenges of deteriorating life quality for the four parents. The Rev. Diane Moore @A Words Worth A guide to that moment when we must become parents to our parents, with ..[an]astonishing plot line...a a yummy cultural buffet... David

Bowman, The Pulaski [Tenn.] Citizen. Swimming Solo is a fascinating personal story, painstakingly told, with no unflattering or awkward details spared in the interest of wholeness and that is its triumph. Reading this book was not a downer (though this saga of eldercare has its excruciating moments). Rather, this is a lovingly recounted, intertwined story of the decline of four beloved elderly parents. Susan Rava has a gift for relating carefully chosen details that illumine rather than clutter the flowing narrative, with insights along the way that will not be forgotten.... [T]he reader feels as though if you didn't actually know these people, you wish you had. Isabel Anders, author of *Becoming Flame*, *The Faces of Friendship*, and *Chant of Death* (with Diane Moore), writing on amazon.com Alzheimers is not a subject that interests me.... I have avoided the subject like the plague, until a friend recommended it. *Swimming Solo* soon reeled me in. I expected a depressing and heavy read. Instead, I found it compelling and at times very affecting. ... I ended up actually caring about what happens to the parents and how their offspring manage the parents reduced lives. ... Although the narrative is at times harrowing, it is never mawkish [and] there are moments of much humour to enjoy... This book is packed with information you pick up unwittingly... Anonymous reader writing on the UK amazon site.

[\[PDF\] Understanding Movies, 11th Edition](#)

[\[PDF\] ACCA Practice and Revision Kit: Certificate Paper 6](#)

[\[PDF\] Italy: A Culinary Journey](#)

[\[PDF\] Publishing Erotica: Breaking Your Sales Cap \(Smutwriting Guide Book 2\)](#)

[\[PDF\] Miracles from Heaven: A Little Girl and Her Amazing Story of Healing](#)

[\[PDF\] THE NEW MANDALA - Eastern Wisdom for Western Living](#)

[\[PDF\] The Art of Living: Socratic Reflections from Plato to Foucault \(Sather Classical Lectures\)](#)

Alzheimers Associations Muskegon, Great Lakes chapter to offer *Swimming Solo: A Daughters Memoir of Her - Google Books* abilities of the swimming solo a daughters memoir of her parents his parents and alzheimers disease by susan rava at barnes noble about us solo aquatics was **SWIMMING SOLO** Oct 3, 2013 Susan Rava Author,

Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease. Susan Rava spent 23 years **Page 8** - May 25, 2011 **SWIMMING SOLO**, Susan Ravas recently published book, is subtitled *A Daughters Memoir of Her Parents, His Parents, and Alzheimers* **Swimming Solo by Rava, Susan R.: Plateau Books, Sewanee, TN** In my

memoir, SWIMMING SOLO, I tackle the same dilemmas as my husband and I look after our 4 aging parents with Alzheimers. Read the first Pat Summitts new book on her own early-onset Alzheimers disease beckons. And with Collin Tong Daughters & their aging mothers have been on my mind. As I wrote about **Swimming Solo - St. Louis Jewish Light** : Swimming Solo: 299 page book is in very good condition with slight A daughters memoir of her parents, his parents, and Alzheimers disease. **Page 6** - Mar 30, 2011 Swimming Solo:A Daughters Memoir of Her Parents, His Parents, and Ravas parents, George and Dorothy, succumb to Alzheimers disease. **Swimming Solo: Susan R. Rava: 9780981479507**: Howard Spoon is fed up with his mundane life in Decatur, Illinois. He divorces .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and. Swimming Susan Ravas elderly parents are victims of Alzheimers Disease. **Swimming Solo: A Daughters Memoir of Her Parents, His Parents** Jul 19, 2013 The Alzheimers Associations Michigan Great Lakes Chapter will by the disease and other forms of dementia learn how to manage early memory loss. her book, Swimming Solo, A Daughters Memoir of Her Parents, His **Swimming Solo** A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease Susan Rava. SWIAAAAING SOLO A Daughters Memoir of Her Parents, His Parents, **Swimming Solo:A Daughters Memoir of Her Parents, His Parents** Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease. Mar 30, 2011. by Susan Rava **Swimming Solo: A Daughters Memoir of Her Parents, His Parents, - Google Books Result Page 5** - He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease. - **Book Gallery** Buy Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease: Read 13 Books Reviews - . **God and Alzheimers HuffPost** Lesen sie swimming solo a daughters memoir of her parents his parents and alzheimers disease von susan rava mit kobo susan ravas story begins . Swimming **Written Works** THE STORM GROUND HOG DAY 2014. Categories. Alzheimers Disease Arts Family Memories Other Reads Swimming Solo Uncategorized Writings **Page 9** - Read swimming solo a daughters memoir of her parents his parents and alzheimers disease by susan rava with kobo susan ravas story begins with the first . **Swimming Solo - Termite.com** Find great deals for Swimming Solo : A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease by Susan Rava (2011, Paperback). Shop with **Susan Rava The Huffington Post** He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease. **Page 2** - He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease. : **Susan R. Rava: Books, Biography, Blog, Audiobooks** 77 and Sanjaya Kumar Second River Healthcare Press, 2011. Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease **Swimming Solo Ebook** He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease. **Swimming Solo: A Daughters Memoir of Her Parents, His Parents** He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease. **Buy Now** Swimming Solo A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease by Susan Rava. Swimming Solo A Daughters Memoir of Her Parents **Swimming Solo A Daughters Memoir of Her Parents, His Parents** Swimming Solo has 0 reviews: Published January 12th 2011 by Plateau Book cover for Swimming Solo: A Daughters Memoir of Her Parents, His **Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Alzheimers Disease. Swimming Solo : A Daughters Memoir of Her Parents, His Parents** Jan 12, 2011 Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and parents, George and Dorothy, succumb to Alzheimers disease. **Book - Swimming Solo: A Daughters Memoir of Her Parents, His** He divorces his wife, sells his dental practice, then moves to Santa Fe, New Mexico to .. Cover of Swimming Solo: A Daughters Memoir of Her Parents, His Parents, and Susan Ravas elderly parents are victims of Alzheimers Disease.