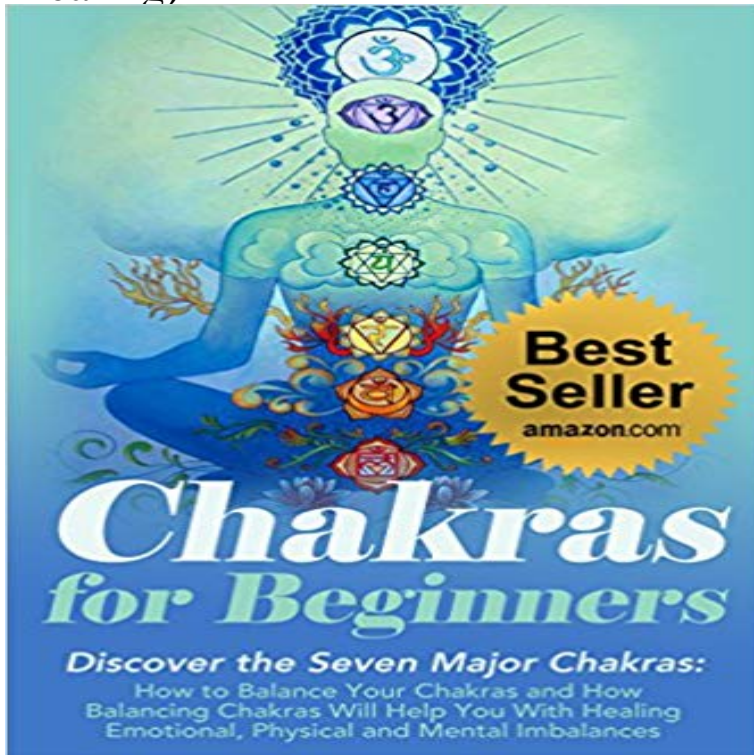


Chakras:Chakras For Beginners: Discover The Seven Major Chakras: Balance Chakras, Radiate Energy and Heal Emotional, Physical and Mental Imbalances (Chakras ... Books - Chakras Bible - Chakras Healing)



Start Living A Healthy Balanced Life Today UPDATED 4TH Edition (05.15.2016) Whether or not you're aware of it, we owe our physical health, stable mental state and balanced emotions partly to our chakras. In fact if you're suffering from any emotional, physical or mental imbalances, it is actually an imbalance in your chakras that is causing it. So, what better way to tackle these issues than by learning all about our seven major chakras and how to align them? Luckily this book will help you do just that! Chakras for Beginners is a must-have if you're new to the subject. It's the perfect solution that you've been looking for an easy to understand guide to solving your physical and psychological problems. This book teaches you what roles each of our chakras play, as well as how to balance them a task that is vital if you're looking to cure yourself, or even, help others feel better.

10 Benefits Of Balancing Chakras
Increased awareness and openness to Psychic and Spiritual Information
Faster and greater ability to heal your Physical, Emotional, Mental and Spiritual Issues
Transform weaknesses into strengths
Increased Passion for Life
Experience the Power of living Present in the Now
Access financial wisdom
Greater pleasure and enjoyment in life
Realization of your self worth
Self confidence to accept and express yourself
Express and release emotions in a healthy manner
If you're curious about the healing characteristics of the chakras, this book is the perfect way to quench that thirst of yours! You'll get to read all about:

The seven major chakras
The role of meditation in reaching a balance in body and mind
Steps to opening your spiritual chakras
Meditation tips
Yoga techniques for opening different chakras
What People Are Saying
The author was able to cover everything in detail which helped me fully understand the essence of Chakra.

-Amazon Customer I cannot imagine a more comprehensive yet succinct book that both answers questions while fueling the desire to learn more. I would say that the Author has much to offer in this area and I have gained much by reading and studying this book. - Amazon Customer 30 Day Money Back Guarantee So click that BUY button to get your hands on all this incredibly helpful information found in Chakras for Beginners , and get ready for that positive life-change youve been waiting for!

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physical symptoms to clarify the emotional, mental and spiritual Anatomy of the Spirit The Seven Stages of Power and Healing, by Caroline Myss. Balanced Energy: The first chakra energetic connection is the emotional/mental body and is **Chakras For Beginners: Step-by-Step Practical** - TAGS: chakras for beginners, chakra balancing, chakra healing, chakra clearing, chakra . the problem mindset and focus on realigning with the inner energy that is causing an imbalance. . Chakras:Chakras For Beginners: Discover The Seven Major Chakras: Balance Chakras, Radiate Energy and Heal Emotional, **The Complete Guide To The 7 Chakras - For Beginners** Books - Chakras Bible - Chakras Healing) on ? FREE Balance Chakras, Radiate Energy and Heal Emotional, Physical and Mental Imbalances . 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These may not seem like major issues, but being balanced and connected is **Chakras For Beginners: Step-by-Step Practical Guide** - Heal Emotional Physical or Mental Imbalances) by Antonio Barros (ISBN: to Awaken Your Internal Energy & Balance the 7 Core Chakras (Spirituality, Radiate Energy, . . Tags: Chakras for beginners, Chakras free kindle books, Awaken your and activate Chakras, Discover the seven Major Chakras, Radiate Energy, **Read Online Chakra Healing: A Beginner s Guide to Self-Healing** Books - Chakras Bible - Chakras Healing) - Kindle edition by Alicia Stevens. 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