

Fat Girl Walking: Sex, Food, Love, and Being Comfortable in Your Skin...Every Inch of It



Dear person considering Fat Girl Walking, First of all, thanks for reading about my first audiobook. I hope you buy it - and not just because each purchase gets me one step closer to buying the leather pants of my dreams. I hope you buy Fat Girl Walking because I want to start a conversation. Or continue a conversation, one I inadvertently started a while ago when I took my clothes off on a stage in front of 700 people. A lot of people thought I was awesome for doing that. A lot of others thought a size 18 woman had absolutely no business showing off her body. Unfortunately for them, Ive made it my personal mission to destroy the ridiculous myth that every woman who is overweight hates her body and herself. I, Brittany Gibbons, and the Curvy Girls I speak to every day on the Internet, beg to differ. We love our bodies. We love fashion. We are in loving relationships, having lots of sex. We arent just a fetish, were normal women. Sure, sometimes we doubt ourselves, were not robots, but not anymore than EVERY OTHER WOMAN ON THE PLANET. See, Fat Girls arent freaks of nature. Were just like you. Maybe we are you. Fat Girl Walking is a collection of stories from my life, my thoughts about the issues that I have faced as a woman, wife, mom, daughter, daughter-in-law, and Internet personality in regards to my weight. I have tried to be as honest as I possibly could - apologies in advance to my husband and parents, but hopefully any discomfort you feel is quickly replaced by laughter. The insecure texts to my husband and summer camp hijinks are hilarious if I do say so myself. And I also ask some tough questions, things like What if my husband weighs less than I do? and Is my body hate ruining my daughters life? Listen to Fat Girl Walking and lets start having these conversations. No pressure, but we may just save all of womankind. Love, Brittany

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