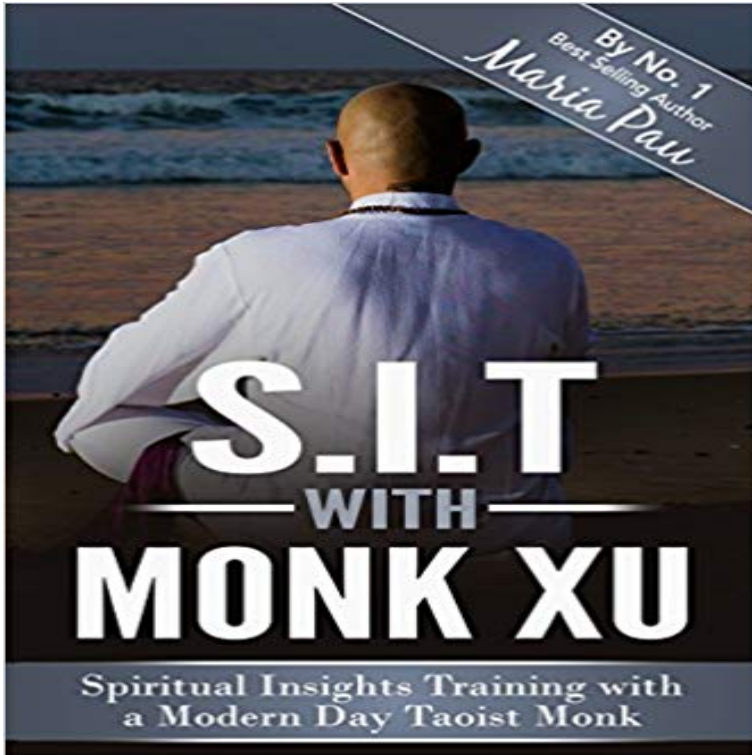


SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk



Gaining spiritual insights and practising this in our lives is easier said than done in today's world. The practice of being a peaceful and compassionate being is such a treasure found in only a few. I have witnessed compassion and peace in action since meeting Monk Xu. Which is why I needed to interview Monk Xu to write this book because in meeting this modern day Taoist Monk, I was able to turn away from a 26-year addiction and am now an award-winning recovery coach. Once and for all, I was able to not only heal from my long-standing addiction to methamphetamine, vile men, coke, speed, sex, and prescription drugs but also end my arduous battle with suicide ideation, schizophreniform disorder, eating disorders, high anxiety issues, and bipolar. In my first best-selling novel, I bravely recounted what transpired in my traumatic past. I was able to do this because I was showered with blessing, support, healing, protection, and love by Monk Xu. I am now a No. 1 Best Selling Author of two books on Amazon. I continue my charitable work with authentic intention and sincerely impact clients' lives and marvel at their transformation. I am a light in the lives of those with addiction, bipolar, anxiety, and depression when all they can see is a dark abyss. SIT with Monk Xu is filled with insights and tools that are imperative to apply in one's everyday life. As our world is consumed by capitalism and materialistic priorities, spiritual enlightenment can become easier with practice. So that your practice can bear fruit, you need a Master to reflect with and truly learn from. Being the Founder of X A Q SHIN Sanctuary, Monk XU trains daily and leads a monastic lifestyle. He was my source of wisdom and timeless universal truth as I sat with him for many months. You too, can awaken the wisdom within you by distilling the words you will read about in this precious piece of literature.

Key words: taoism, spirituality, meditation, stillness, peace, religion, self-help, body, mind soul, monastic living, monastery, Monk Xu.

[\[PDF\] Best Friends Guide: Unbroken - Unhurt - Unstuck](#)

[\[PDF\] Debussy \(Master Musicians Series\)](#)

[\[PDF\] The Human Aura \(Masterpiece Collection\): Astral Colors and Thought Forms](#)

[\[PDF\] Liquid Light of Sex: Kundalini, Astrology, and the Key Life Transitions](#)

[\[PDF\] The beauty and truth of the Catholic Church: sermons from the German, adapted and edited Volume 5](#)

[\[PDF\] Crowned with David: 40 Devotionals to Inspire Your Life, Fuel Your Trust, and Help You Succeed in Gods Way \(Testament Heroes\)](#)

[\[PDF\] The Infinite Way](#)

self-help Product Tags Coaching with Substance SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy E-Book. \$9.00 Head Coach Mentor Maria Pau Read more **meditation Product Tags Coaching with Substance** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **Books Product Categories Coaching with Substance SIT with Monk Xu: Spiritual Insights Training with a Modern Day** Sit with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk. Gaining spiritual insights and practising this in our lives is easier said **SIT with Monk Xu: Spiritual Insights Training with a Modern Day** Buy SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk on ? FREE SHIPPING on qualified orders. Mar 15, 2016 Monk Xu is an ordained Taoist monk and joins us to explain a mystics SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist **mind soul Product Tags Coaching with Substance** Which is why I needed to interview Monk Xu to write this book because in meeting this modern day Taoist Monk, I was able to turn away from a 26 year addiction **SIT with Monk Xu: Spiritual Insights Training with a Modern Day** Which is why I needed to interview Monk Xu to write this book because in meeting this modern day Taoist Monk, I was able to turn away from a 26 year addiction **Buy on Amazon Kindle Edition Product Tags Coaching with** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy E-Book. \$9.00. Kill_Your-Addiction_Before_It_Kills_You Add to basket **monastery Product Tags Coaching with Substance** Sep 1, 2014 Monk Xu was interviewed by Maria in this book because in meeting this modern day Taoist Monk, Maria was able to turn away from 26 long **Books Product Categories Coaching with Substance** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk eBook: Maria Pau, Zu Xuno Zemah: : Kindle Store. **Hardcopy Product Tags Coaching with Substance** SIT with Monk Xu: Spiritual Insights

Training with a Modern Day Taoist Monk Buy on Amazon. \$9.00 Kill_Your-Addiction_Before_It_Kills_You Buy on Amazon **SIT with Monk Xu: Spiritual Insights Training with a Modern Day** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy Gaining spiritual insights and practising this in our lives is easier said than **SIT with Monk Xu: Spiritual Insights Training with a** - Buy Sit with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk online at best price in India on Snapdeal. Read Sit with Monk Xu: Spiritual **Shop - Coaching with Substance** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **The Heart of a Mystic, Monk Xu, Treasures from a heart of gold** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy Paperback. \$25.00. Kill_Your-Addiction_Before_It_Kills_You Add to basket **taoism Product Tags Coaching with Substance** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **Shop - Coaching with Substance** Buy SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk: Read Books Reviews - . **eBooks Product Categories Coaching with Substance** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy E-Book. \$9.00 Kill_Your-Addiction_Before_It_Kills_You Add to basket **monastic living Product Tags Coaching with Substance Monk Xu Product Tags Coaching with Substance** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **Spiritual Insights Training (SIT) with Monk Xu Coaching with** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **Sit with Monk Xu: Spiritual Insights Training with a Modern Day** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy on Amazon. \$9.00 SIT_with_Monk_Xu_ Add to basket **SIT with Monk Xu: Spiritual Insights Training with a Modern Day** Monk Xu. Showing the single result. Default sorting, Sort by popularity, Sort by SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk **Sit with Monk Xu: Spiritual Insights Training with a Modern Day** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy Paperback. \$25.00 Kill_Your-Addiction_Before_It_Kills_You Add to basket **Images for SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk** Healthy ME Summit \$147.00 SIT_with_Monk_Xu_ SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy E-Book \$9.00 Kill_Your- **stillness Product Tags Coaching with Substance** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk - Buy Paperback \$25.00 Kill_Your-Addiction_Before_It_Kills_You- Kill Your **Shop - Coaching with Substance Sit with Monk Xu: Spiritual Insights Training with a** - **Google Books** SIT with Monk Xu: Spiritual Insights Training with a Modern Day Taoist Monk Buy E-Book. \$9.00 Kill_Your-Addiction_Before_It_Kills_You Add to basket